

The Sunnan of dreams:

In the two sahihs Abu Qatadahؓ narrated, “The Prophet ﷺ told us that it may be a vision from Allah, a dream from Satan, or nonsense.” These dreams may make someone happy all the day or sad all the day. The Sunnah makes us feel happy and relaxed, but we often forget it. When some people have a dream they become frightened and rush to search for someone to interpret it for them. I wrote in detail on this subject in a book titled ‘O the dream owner (Ya Sahib Al-Ro’ia).’ Hence, knowing the Sunnah and acting upon it keeps us calm, happy and away from fear.