There are several areas of discussion here:

The previous hadith of Abu Barza al-Aslami τ says, "The Prophet ρ never liked to sleep before it and talk after it." There is no problem however if a person wants to stay awake to discuss beneficial information for Muslims, for work, or for welcoming a guest and so on. What substantiates this is the following: A-The hadith of 'Umar Ibn al-Khattab τ who said, "The Prophet ρ used to talt with Abu Bakr about the affairs of the Muslims and I was with them."1 B- Ibn 'Abbas (may Allah be pleased with him) narrated, " Once I stayed overnight at the house of (my aunt) Maymuna while the Prophet ρ was with her, to see how the night prayer of Allah's Messenger ρ was. He talked to his wife for a while and thenslept."1 The reason that it is disliked to stay awake after 'Isha' – and Allah knows best – is that the person might oversleep and not perform the Fajr prayer or miss the additional night prayer if it was his habit to do so. Thus, the Prophet ρ chided the one who oversleeps and misses the Fajr prayer as it is reported in Ibn Mas'ud's τ two sound sahihs that Ibn Mas'ud said, "A person was mentioned before the Prophet ρ and he was told that he had kept on sleeping until morning and had not woken up for the prayer. The Prophet ρ said: 'He is a man in whose ears (or ear) Satan had urinated.''2 The significance of this hadith is that it is disliked for the person to oversleep as he might lose the Fajr prayer. 'Umar Ibn al-Khattab auused to prevent people from spending the whole night awake (for no valid reason) as this would lead them to neglect the Fajr prayer. He – as 'Abdul Razzak said in his collection of ahadith - used to say, "Awake in the beginning of the night and sleep at its end."3